

Take the Thirty Day "Youth Change the World"" Homeless Challenge



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DAY ONE:	DAY TWO:	DAY THREE:	DAY FOUR:	DAY FIVE:	DAY SIX:
Be an Advocate Ask a friend to take this challenge with	Rethink Homelessness! https://www.youtube.com/ watch?v=jLbP-SpXAps	The homeless usually have no access to transportation Place a quarter in your jar for every vehicle in your home.	DID YOU KNOW? The average age of a homeless person is 11 years old. In 2022, 2.5 million children were homeless in America. That's 1 out of every 30 kids.	Only 56% of homeless have internet access. This makes virtual learning hard. Place a quarter in your jar for every device you own	Homeless are often lonely. Draw a happy picture and give it to the next homeless person you see.
DAY SEVEN:	DAY EIGHT:	DAY NINE:	DAY TEN:	DAY ELEVEN:	DAY TWELVE:
RAISE AWARENESS! Share something you learned this week with a	People experiencing homelessness often have difficulty accessing clean and safe water. Place a quarter in your jar for every water fountain at	You may have a classmate who is homeless. Listen to Kaylynn's story. https:// www.youtube.com/watch?	For people experiencing homelessness it is difficult to find access to phones. Place a dollar in your jar	Like Kaylynn, often homeless who are sheltered share beds or may not have a bed at all. Place a quarter in the jar if	People experiencing homeless often lack access to a bathroom. Place a quarter in the jar for every toilet in
friend.	your school.	v=0UQE0iPajc8	for every working phone in your household today.	you have your own bed.	your home
DAY THIRTEEN: True or False? Homeless children look different than other kids? False! Homeless children usually go under the radar and no one knows they have no home. Put a quarter in if you guessed true.	DAY FOURTEEN: BE AN ADVOCATE! Donate a book or toy to a local shelter.	Homeless children are often not able to participate in sports that cost money. Place a quarter in your jar if you play any sports.	DAY SIXTEEN: Homeless are often unable to get out of the rain and stay dry. Donate 1 emergency poncho to CAPCA.	DAY SEVENTEEN: People experiencing homelessness lack access to showers. Place a quarter in your jar for every shower taken in your house today	DAY EIGHTEEN: The homeless tend to go under the radar when discussing Covid-19. Place a dollar in the jar for every time you have quarantined since Covid started.
DAY NINETEEN: For people experiencing homelessness sometimes it is difficult to find food. Donate a \$5 gift card to PHC	DAY TWENTY: People experiencing homelessness are often stereotyped, labeled and judged. Write a note of encouragement and give to the next homeless you see.	DAY TWENTY ONE: Did you know that up to 26% of the homeless population has a pet? Donate one can or small bag of cat or dog food to CAPCA.	DAY TWENTY TWO: Because it is hard for homeless people to stay in one place, it can be hard for the children to go to school. Place a dime in the jar for every year you have went to school.	DAY TWENTY THREE: Even with generous donations, homeless shelters are running out of food quickly. Donate a box of your favorite cereal to a food pantry.	DAY TWENTY FOUR: During winter months, the homeless can find it hard to stay warm. Place a dime in the jar for every jacket or coat your family owns.
DAY TWENTY FIVE:	DAY TWENTY SIX:	DAY TWENTY SEVEN:	DAY TWENTY EIGHT:	DAY TWENTY NINE:	DAY THIRTY:
People experiencing homelessness often can't afford to go to the doctor. Place a nickel in the jar if you have been to the doctor before.	CAPCA always needs volunteers to help our community. Visit our signup link to volunteer with us! https://www.signupgenius.com/go/5080445abae22a0fe3-	Homeless often are out in the hot sun. They can get burned and dehydrated very easily. Donate a new bottle of sunscreen and refillable water bottle	People who are homeless walk a lot and their shoes wear out quickly. For every pair of shoes you own, place a dime in your jar.	BE AN ADVOCATE! Ask someone to donate to your jar. Big or small ANYTHING HELPS!!	Congratulations! You have completed the thirty day "change the world" homeless challenge! Please turn in your donations to Lacey for Project Homeless Connect!

Take the Thirty Day "Youth Change The World" Homeless Challenge

Faulkner County works day in and day out, 365 days a year to end homelessness. But we cannot do it alone! It takes a community of committed individuals like YOU. So help us by taking the 30 day challenge to show our homeless community that their community is here to help!



How:

Pick up a piggy bank at CAPCA or find an old jar with a lid and label it!

When:

November 1, 2023 - November 30, 2023

What:

Each day complete the challenge listed on the back. At the end of the month give the change you have collected to the Community Programs team.

Where:

707 Robins St Suite 700



Together we can WORK TO END HOMELESSNESS AND RAISE AWARENESS!

For more information or questions contact: Lacey Strom 501-205-6930 lacey.strom@capcainc.org