



Take the Thirty Day “Change The World” Homeless Challenge



<p>DAY ONE:</p> <p>Ask someone to take this challenge with you!</p>	<p>DAY TWO:</p> <p>Rethink Homelessness!</p> <p>https://www.youtube.com/watch?v=jLbP-SpXAp</p>	<p>DAY THREE:</p> <p>The homeless usually have no access to transportation</p> <p>Place a quarter in your jar for every vehicle in your home.</p>	<p>DAY FOUR:</p> <p>DID YOU KNOW?</p> <p>The average age of a homeless person is 11 years old. In 2022, 2.5 million children were homeless in America. That's 1 out of every 30 kids.</p>	<p>DAY FIVE:</p> <p>Only 56% of homeless have internet access. This makes applying for jobs difficult.</p> <p>Place a quarter in your jar for every device you own</p>	<p>DAY SIX:</p> <p>AMERICA HAS ABOUT 60,000 HOMELESS VETERANS SLEEPING ON THE STREET EACH NIGHT.</p> <p>Listen to Dale's story and put a dollar for every veteran you know.</p> <p>https://invisiblepeople.tv/videos/dale-homeless-veteran-san-francisco/</p>
<p>DAY SEVEN:</p> <p>RAISE AWARENESS!</p> <p>Share something you learned this week with a friend.</p>	<p>DAY EIGHT:</p> <p>People experiencing homelessness often have difficulty accessing clean and safe water.</p> <p>Place a quarter in your jar for every faucet in your home.</p>	<p>DAY NINE:</p> <p>“Why don't the homeless just get a job?”</p> <p>https://backpacksforthestreet.org/why-dont-homeless-people-just-get-jobs/</p>	<p>DAY TEN:</p> <p><i>For people experiencing homelessness it is difficult to find access to phones.</i></p> <p>Place a dollar in your jar for every working phone in your household today.</p>	<p>DAY ELEVEN:</p> <p>People struggling with homelessness often lack a private place to sleep. They are unable to get a good night's rest and are often woken up during the night.</p> <p>Place a quarter in the jar for every bed in your home.</p>	<p>DAY TWELVE:</p> <p>People experiencing homeless often lack access to a bathroom.</p> <p>Place a quarter in the jar for every toilet in your home.</p>
<p>DAY THIRTEEN:</p> <p>Myth or Fact?</p> <p>The leading cause of homelessness in America is substance abuse?</p> <p>Put a \$1 in the piggy bank if you guess correct. Google to find out.</p>	<p>DAY FOURTEEN:</p> <p><i>Did you know the average life expectancy of a homeless is 50 years old? That is almost 20 years less than those who are housed.</i></p>	<p>DAY FIFTEEN:</p> <p>Share the word!</p> <p>Please “like” and share our</p> <p>Facebook page at https://www.facebook.com/phc.capca</p>	<p>DAY SIXTEEN:</p> <p>People who are homeless struggle to keep clothing clean</p> <p>Place a dime in your jar for every load of laundry completed in your home this week.</p>	<p>DAY SEVENTEEN:</p> <p>People experiencing homelessness lack access to showers.</p> <p>Place a quarter in your jar for every shower taken in your house today</p>	<p>DAY EIGHTEEN:</p> <p>The homeless tend to go under the radar when discussing Covid-19.</p> <p>Place a dollar in the jar for every time you have quarantined since Covid started.</p>
<p>DAY NINETEEN:</p> <p>Often it is hard for the homeless to get a hot meal.</p> <p>Donate a \$5 gift card to PHC</p>	<p>DAY TWENTY:</p> <p><i>People experiencing homelessness are often stereotyped, labeled and judged.</i></p> <p>Write a note of encouragement and give to the next homeless you see.</p>	<p>DAY TWENTY ONE:</p> <p>Did you know that up to 26% of the homeless population has a pet?</p> <p>Donate one can or small bag of cat or dog food to CAPCA.</p>	<p>DAY TWENTY TWO:</p> <p><i>Up to 57% of homelessness in women is directly linked to domestic violence.</i></p> <p>https://www.youtube.com/watch?v=a0j1KRcNcSk</p>	<p>DAY TWENTY THREE:</p> <p>Did you know?</p> <p>In 2021 4 out of every 10 homeless are disabled. A main cause being the Federal Disability monthly benefit amount is \$704 and the average rent in Faulkner Co. is \$810 a month..</p>	<p>DAY TWENTY FOUR:</p> <p>During winter months, the homeless can find it hard to stay warm.</p> <p>Place a dime in the jar for every jacket or coat your family owns.</p>
<p>DAY TWENTY FIVE:</p> <p>PEOPLE EXPERIENCING HOMELESSNESS OFTEN LACK HEALTH INSURANCE.</p> <p>Place a quarter in your jar for everyone in your family with health insurance.</p>	<p>DAY TWENTY SIX:</p> <p>CAPCA always needs volunteers to help our community. Visit our signup link to volunteer with us!</p> <p>https://www.signupgenius.com/go/5080445abae22a0fe3-howtomake</p>	<p>DAY TWENTY SEVEN:</p> <p>For the cost of a large specialty coffee a homeless person could eat three meals.</p> <p>Place the cost of your favorite coffee in your jar.</p>	<p>DAY TWENTY EIGHT:</p> <p>People who are homeless walk a lot and their shoes wear out quickly. a</p> <p>For every pair of shoes you own, place a dime in your jar.</p>	<p>DAY TWENTY NINE:</p> <p>BE AN ADVOCATE!</p> <p>Ask someone to donate to your jar. Big or small</p> <p>ANYTHING HELPS!!</p>	<p>DAY THIRTY:</p> <p>Congratulations!</p> <p>You have completed the thirty day “change the world” homeless challenge!</p> <p>Please turn in your donations to Lacey for Project Homeless Connect!</p>

Take the Thirty Day “Change The World” Homeless Challenge

*Faulkner County works day in and day out, 365 days a year to end homelessness. But we cannot do it alone! It takes a community of committed individuals like **YOU**. So help us by taking the 30 day challenge to show our homeless community that their community is here to help!*



How:

Pick up a piggy bank at CAPCA or find an old jar with a lid and label it!

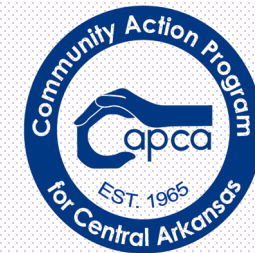
When:

November 1, 2023 - November 30, 2023

What:

Each day complete the challenge listed on the back. At the end of the month give the change you have collected to the Community Programs team.

Where:



Together we can WORK TO END HOMELESSNESS AND RAISE AWARENESS!

For more information or questions contact: Lacey Strom 501-205-6930 lacey.strom@capcainc.org